



The family mediation specialists...

In keeping with our mission of helping families through difficult transitions, we are now offering the following Parenting Class

Parents Forever Parenting Class– Reduce the Impact of Divorce on Children

One day, 4 ½ hour class offered the 3rd Saturday of each month - 10:00 AM – 2:30 PM

January 18th, February 15th, March 15th, April 19th, May 17th

Parents Forever is the class required for all divorcing parents by the courts in many states.

Learn how to help your children through the divorce transition and how to co-parent productively with your ex.

Each class teaches:

- How children experience divorce
- Helping children through the cycles of grief
- Common mistakes divorcing parents make that hurt children
- Creating structure, stability, and new traditions
- Practicing active listening skills
- How divorce stress affects parenting and children
- Differences in parenting styles, & how to work together
- New working relationship as co-parents
- Communication skills for co-parenting

Cost is \$85.00

Reduced fees are available to low income parents who qualify (please inquire when you register)
You may bring a lunch or purchase lunch at the hospital café.
Daycare is not provided.

Certificates of Completion suitable for court are given for participation

Preregistration is required for this class.

To register call (360) 892-2992, or use the form on the “Contact Us” page on our website.

Your payment holds your seat in the class.

Please send your payment as early as possible to guarantee your space in the class.

Payments: Make checks payable to: Centerpoint

Mail/Drop off payments at 12214 SE Mill Plain Blvd., Vancouver, WA 98684 (This is not the class location.)

Class Meeting Location:

PeaceHealth Southwest Medical Center, Health Education Center

(Formerly Southwest Washington Medical Center)

DIRECTIONS:

- From Mill Plain Blvd, turn North on 92nd Avenue.
- Turn left into Parking Lot G. Park in Lot G or in the Parking Garage.
- Use the Health Education Center Entrance.
- Check the sign board just inside the door for the classroom number.

Please arrive a few minutes early to complete registration. Class starts on time at 10:00 AM.